SURGITAL

• T3003



Ingredients

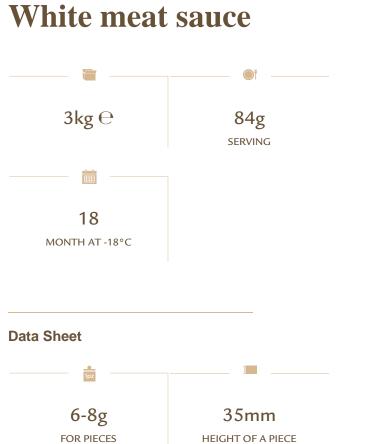
Meat 49% (chicken, rabbit, guinea fowl, duck), sunflower seed oil, carrots, onion, white wine, celery, extra virgin olive oil, soft wheat flour, salt, rosemary, pepper, bay leaves.

Average nutritional values per 100 g

Energy kJ 708 - Energy kcal 170 - Fats g 13 of which saturated fats g 1,8 - Carbohydrates g 1,7 of which sugars g 0,70 - Fibres g <0,5 - Proteins g 11,8 - Salt g 0,88

Preparation

To pan cook: 4/5 min In the microwave: 14/15 min In bainmarie: 7/8 min



HEIGHT OF A PIECE