



● Z357



## Spaghetti with clams



5'

COOKING TIME



1,32Kg e

### Ingredients (pasta)

Durum wheat semolina, water, salt.

### Sauce ingredients

Clams 24%, fish broth, parsley, salt, garlic, chilli pepper.

### Average nutritional values per 100 g

Energy kJ 730 – Energy kcal 173 – Fats g 4,1 of which saturated fats g 0,6 – Carbohydrates g 27,8 of which sugars g 0,7 – Fibres g 0,5 – Proteins g 6,0 – Salt g 1,05

### Preparation

Microwave oven (750w): **5 min** in a closed package and still frozen.

### Data Sheet

%

51

PERCENTAGE OF PASTA

%

49

PERCENTAGE OF SAUCE