





Risotto with saffron

4' 1,32Kg \oplus

Ingredients

Rice 33%, saffron, Parmigiano Reggiano DOP cheese, broth, wheat flour, butter, shallot, extra virgin olive oil, sunflower oil, salt.

Average nutritional values per 100 g

Energy kJ 604 – Energy kcal 143 – Fats g 3,5 of which saturated fats g 1,5 – Carbohydrates g 24,1 of which sugars g 1,4 – Fibres g 1,0 – Proteins g 3,3 – Salt g 0,71

Preparation

Microwave oven (750w): 4 min in a closed package and still frozen.

