



● Z336



## Risotto with asparagus tips



4'

COOKING TIME



1,32Kg e

### Ingredients

Rice 30%, asparagus 11%, broth, whole milk, Parmigiano Reggiano DOP cheese, wheat flour, margarine, extra virgin olive oil, sunflower oil, vegetable fat-based cream, onion, salt.

### Average nutritional values per 100 g

Energy kJ 664 – Energy kcal 157 – Fats g 3,7 of which saturated fats g 1,4 – Carbohydrates g 25,8 of which sugars g 0,9 – Fibres g 1,4 – Proteins g 4,3 – Salt g 0,51

### Preparation

Microwave oven (750w): **4 min** in a closed package and still frozen.

