





# Ingredients (pasta)

Durum wheat semolina, eggs, water.

### Ingredients (filling)

Braised beef meat (28%), broth, vegetables (carrot, spinach, chard, celery, onion, garlic), tomato pulp, bread crumbs, spices, salt, sunflower oil.

## Average nutritional values per 100 g

Energy kJ 819 – Energy kcal 194 – Fats g 2,8 of which saturated fats g 1,2 – Carbohydrates g 32,1 of which sugars g 0,5 – Fibres g 2,5 – Proteins g 8,8 – Salt g 0,70

### **Preparation**

In boiling water: **1,30 min**To pan cook: **4 min** 

In the microwave (750w): 3/4 min In a steam oven (100°c): 2 min In pasta cooker: 2 min

# Ravioli with beef meat precooked







