



P502



Fusilli precooked



1kg E



200g

SERVING



24

MONTH AT -18°C

Ingredients

Durum wheat semolina, water, salt.

Average nutritional values per 100 g

Energy kJ 911 – Energy kcal 215 – Fats g 0,6 of which saturated fats g 0,1 – Carbohydrates g 42,7 of which sugars g 1,1 – Fibres g 1,9 – Proteins g 8,7 – Salt g <0,01

Preparation

In boiling water: **1 min**
To pan cook: **4 min**
In the microwave (750w): **3/4 min**
In a steam oven (100°C): **2 min**
In pasta cooker: **1,30 min**

Data Sheet



2,0g

FOR PIECES



10

PORTION YIELD AFTER COOKING

