



T3005

Cuttlefish sauce



3kg e
500G X 6 PACKS



84g
SERVING



18
MONTH AT -18°C

Ingredients

Cuttlefish 23%, pulped tomatoes, broth, **squid**, tomato pulp, white wine, sunflower oil, **wheat** starch, extra-virgin olive oil, shallot, garlic, sugar, parsley, pepper, chili pepper.
It may contain: **mustard, soy.**

Data Sheet



7-10g
FOR PIECES



20mm
LENGTH OF A PIECE

Average nutritional values per 100 g

Energy kj 426 – Energy kcal 102 – Fats g 6,9 of which saturated fats g 1,0 – Carbohydrates g 2,5 of which sugars g 2,3 – Fibres g 0,67 – Proteins g 7,1 – Salt g 1,2

Preparation

To pan cook: **4/5 min**
In the microwave: 750w: **7/8 min**
In bainmarie: **14/15 min**



35mm
HEIGHT OF A PIECE

