



T3003



White meat sauce



3kg ?

500G X 6 PACKS



85g

SERVING



18

MONTH AT -18°C

Ingredients

Meat 49% (chicken, rabbit, guinea fowl, duck), sunflower seed oil, carrots, onion, white wine, celery, extra virgin olive oil, soft wheat flour, salt, rosemary, pepper, bay leaves.

Data Sheet



7-10g

FOR PIECES



35mm

HEIGHT OF A PIECE

Average nutritional values per 100 g

Energy kJ 708 – Energy kcal 170 – Fats g 13 of which saturated fats g 1,8 – Carbohydrates g 1,7 of which sugars g 0,70 – Fibres g <0,5 – Proteins g 11,8 – Salt g 0,88

Preparation

To pan cook: 4/5 min

In the microwave: 14/15 min

In bainmarie: 7/8 min

