



Z358



## Spaghetti with seafood

MIN

5'

COOKING TIME



350g ?

4 PLATES PER BOX

### Ingredients (pasta)

Durum wheat semolina, water, salt.

### Sauce ingredients

Tomato pulp, pulped tomatoes, squid 24%, pink shrimps 6%, clams 4%, white fish 8%, fish broth, sunflower oil, wine, parsley, salt, shallot, garlic, chilli pepper, sugar.

### Data Sheet

%

48

PERCENTAGE OF PASTA

%

52

PERCENTAGE OF SAUCE



### Average nutritional values per 100 g

Energy kJ 570 – Energy kcal 135 – Fats g 2,6 of which saturated fats g 0,5 – Carbohydrates g 21,1 of which sugars g 2,1 – Fibres g 0,6 – Proteins g 6,5 – Salt g 1,13

### Preparation

Microwave oven (750w): 5 min in a closed package and still frozen.