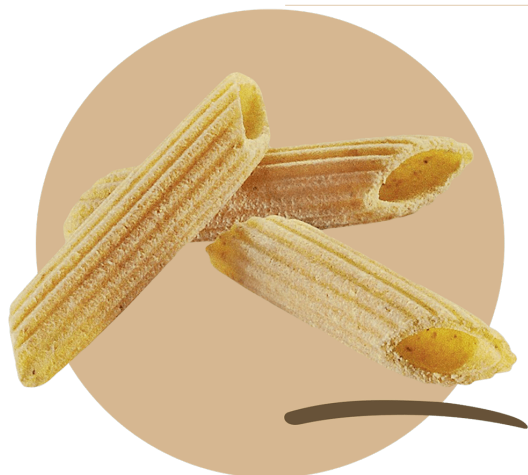




P515



Penne integrali precooked



1kg ?
PER PACK



200g
SERVING



24
MONTH AT -18°C

Ingredients

Whole wheat durum semolina, water.

Average nutritional values per 100 g

Energy kJ 808 – Energy kcal 193 – Fats g 1,0 of which saturated fats g 0,1 – Carbohydrates g 37,9 of which sugars g 0,9 – Fibres g 3,9 – Proteins g 6,2 – Salt g <0,01

Preparation

In boiling water: **1 min**

To pan cook: **4 min**

In the microwave (750w): **3/4 min**

In a steam oven (100°C): **2 min**

In pasta cooker: **1,30 min**

Data Sheet



2,2g
FOR PIECES

%

10
PORTION YIELD AFTER
COOKING

