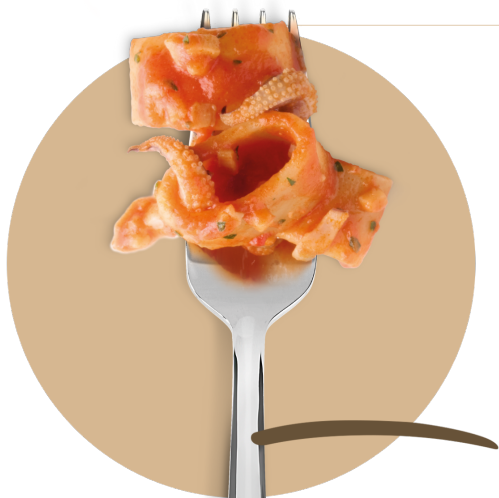




Z372



Mezzi paccheri with cuttlefish sauce



5'30"

COOKING TIME



350g ?

4 PLATES PER BOX

Ingredients (pasta)

Precooked durum wheat semolina pasta
ingredients: durum wheat semolina pasta 51%
(durum wheat semolina, water), water.

Data Sheet

%

43

PERCENTAGE OF PASTA

%

57

PERCENTAGE OF SAUCE

Sauce ingredients

Sauce ingredients 57%: cuttlefish 23%, pulped tomatoes 21%, tomato pulp 16%, broth (cod fish, squid, clam), squid, sunflower oil, wine, extra-virgin olive oil, shallot, wheat starch, salt, garlic, sugar, parsley, pepper, chili pepper.

It may contain: mustard, soy.

Average nutritional values per 100 g

Energy kcal 133; Energy kJ 557; Proteins g 5.7; Carbohydrates 16.3 g, of which sugars 1.7 g; Fat 4.7 g, of which saturated fatty acids 0.6 g; Fibers g 1.1; Salt 1.09 g.

Preparazione

Microwave oven (750w): 5 30" with the dish closed and frozen.

Smaltimento

