



X104



Grilled aubergines parmigiana style



8'

COOKING TIME



300g ?

4 PLATES PER BOX

Ingredients

Grilled aubergines 44%, tomato pulp, pulled curd cheese, onion, extra virgin olive oil, sunflower oil, butter, basil, sugar.

Average nutritional values per 100 g

Energy kJ 464 – Energy kcal 111 – Fats g 7,7 of which saturated fats g 2,4 – Carbohydrates g 5,4 of which sugars g 4,7 – Fibres g 2,1 – Proteins g 4,1

Preparation

Microwave oven (750w): **6 min** in a closed package and still frozen.

