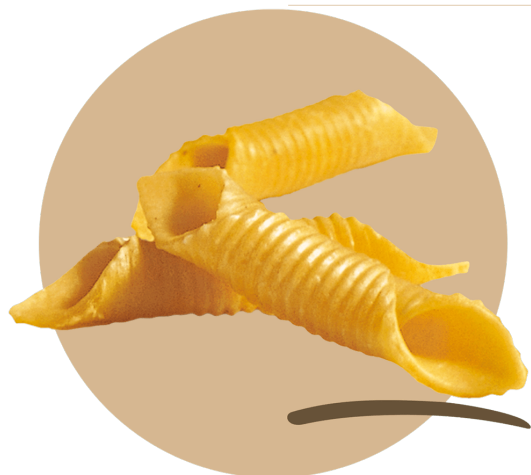




P1003



Garganelli romagnoli precooked



3kg ?
PER BOX



200g
SERVING



24
MONTH AT -18°C

Ingredients

Durum wheat semolina, wheat flour, eggs, water, salt.

Average nutritional values per 100 g

Energy kJ 1180 – Energy kcal 279 – Fats g 2,7 of which saturated fats g 0,8 – Carbohydrates g 49,2 of which sugars g 1,6 – Fibres g 2,8 – Proteins g 13,0 – Salt g 0,50

Preparation

In boiling water: **1 min**

To pan cook: **4 min**

In the microwave (750w): **3/4 min**

In a steam oven (100°C): **3 min**

In pasta cooker: **1,30 min**

Data Sheet



2,7 (+/-0,5) g
FOR PIECES

%

10
PORTION YIELD AFTER
COOKING

