



P503



Farfalle precooked



1kg ?
PER PACK



200g
SERVING



24
MONTH AT -18°C

Ingredients

Durum wheat semolina, water.

Average nutritional values per 100 g

Energy kJ 911 – Energy kcal 215 – Fats g 0,6 of which saturated fats g 0,1 – Carbohydrates g 42,7 of which sugars g 1,1 – Fibres g 1,9 – Proteins g 8,7 – Salt g <0,01

Preparation

In boiling water: 1 min

To pan cook: 4 min

In the microwave (750w): 3/4 min

In a steam oven (100°C): 2 min

In pasta cooker: 1,30 min

Data Sheet



2,2g
FOR PIECES



10
PORTION YIELD AFTER
COOKING

