



X102



Chicken fillet with mushrooms and potatoes

Ingredients

Chicken breast 95%, salt, flavourings, gratin potatoes 86%, braised champignon 13% (champignon mushrooms, extra virgin olive oil, sunflower oil, parsley, salt, garlic).



5'

COOKING TIME



300g ?

4 PLATES PER BOX

Average nutritional values per 100 g

Energy kJ 445 – Energy kcal 106 – Fats g 4,5 of which saturated fats g 1,9 – Carbohydrates g 6,9 of which sugars g 1,2 – Fibres g 1,4 – Proteins g 8,8 – Salt g 1,03

Preparation

Microwave oven (750w): **5 min** in a closed package and still frozen.

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